

Edwards Hall Primary School

Newsletter week ending 9.10.26



Well done to Ruby S in Michelle Obama class who received this week's Headteacher's award



The following children were awarded Star of the Week:

0D Jemison	- Ezra T and Izzy J
0M Anning	- Polly-Anne S and Albert C
1E Attenborough	- Rae F and Arthur W
1T Potter	- Lily H and Arthur B
2B Queen Victoria	- Louie P and Louis S
2F Bridges	- Leo S and Ramell S
3G Boudicca	- Luke C and Tia S
3K Zephaniah	- Maia P and Freddie R
4J Carter	- Arthur L and Macie T
4J Rashford	- Skye A and Callum W
5R Darwin	- Zidane K and Evie C
5D Mandela	- Toby N and Arabella S
6B Obama	- Lily E and Hudson C
6R Shakespeare	- Erin F and Billy S



The winners of the attendance trophy this week are ***Charles Darwin class*** who ***achieved 99.3%*** attendance week commencing 28th September.



Harvest appeal

Donate Food

Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate Money

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



 **Southend
Foodbank**
Together with Trussell



Scan the QR code
for our Seasonal Collection pages



Shopping List
Tinned Meat Meals
Biscuits
UHT Milk
Tinned Hot Dogs
Tinned Meatballs
Instant Mash
Pasta Sauce
Tinned Tomatoes
Tinned Sweetcorn
Tinned Peas
Tinned Fruit
Tinned Custard
Jam
Tea Bags - 40s and 80s
Cereal - 500g or less
Tinned Vegetarian Chilli
Toilet Roll



Thank you to everyone who has already donated to our harvest collection.



If you are able to make a donation, please click [HERE](#) to see an up to date list of urgently needed food items (and items that are already well stocked). The items listed on the flyer are also generally in need.

Please can donations be handed to class teachers or the office by Tuesday 3rd November.

Thank you for your support as always.

NHS Guidance



As we are in the season where coughs, colds, fevers, and sickness are more prevalent, we wanted to share the NHS link '[Is my child too ill for school?](#)' and hope you find this useful.

Please remember, if your child has sickness or diarrhoea they should be 48 hours clear before returning to school.



Thank you for your cooperation and continued support.

Parent Consultations



Our Parent Consultations for the Autumn term will be held as below.

EYFS & KS1 - **Wednesday 11th November, 4.30-7.30pm**
 Friday 13th November, 8.30-11.30am

KS2 - **Tuesday 10th November, 8.30-11.30am**
 Wednesday 11th November, 4.30-7.30pm

Bookings will go live on Arbor on Monday 2nd November at 12pm. Please ensure you are able to login to Arbor ahead of time. Bookings will close on Monday 9th November at 12.00pm so teachers can prepare for their meetings.

Please note: if your child has an ISP please do not book an appointment, we will contact you separately.

Year 6 SATs Revision Guides

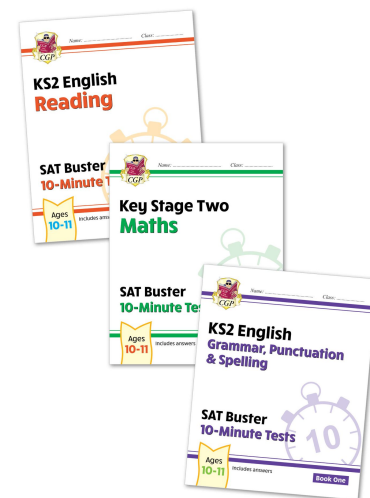


The deadline to order SATs revision guides on Arbor is **THURSDAY 15TH OCTOBER**.

	You Pay	RRP
English SATS Question Book	£4	£6.75
English SATS Question Book: Stretch	£4	£6.75
Maths SATS Question Book	£4	£6.75
Maths SATS Question Book: Stretch	£4	£6.75
Maths SATS Buster: Arithmetic (inc Answer Book)	£4	£7.25
Maths & English SATS Buster 10min Tests	£8.00	£15.80

We will collate the orders and place one bulk order before half-term.

You will be notified via email when the books have arrived.



My Future

Careers

Over the

Moon



We have been looking at careers that link to 'Over the Moon' and how we can work together to plan how to solve problems.

Why not have a discussion with your child about the career they found most interesting? What would they need to participate in this career?

Reminder



Please remember, if children or their younger siblings need to use the toilet at pick up time, they are to use the toilets on the KS1 playground, under the shelter.

The toilets in the office are for staff and adult visitors.

Thank you for your cooperation.



EDWARDS HALL PRIMARY SCHOOL

FIREWORKS

Gates open at 5.30PM - Display starts at 7PM

THURSDAY 5TH NOVEMBER

TICKETS	EARLY BIRD UNTIL 11/10/26	NORMAL PRICE
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ADULT	£7	£10
CHILD	£5	£8
UNDER 4'S	FREE	FREE

FAMILY TICKET - £25 EARLY BIRD OFFER ONLY!!
(2 Adults & up to 3 children)

(TICKETS NON-REFUNDABLE)

SCAN
TO
BUY



ALSO AVAILABLE ON THE NIGHT...
HOT FOOD, ICE CREAM, HOT DESSERTS & MORE!

ENTER VIA MACMURDO ROAD ONLY.

NO PARKING IN SCHOOL

MACMURDO ROAD, EASTWOOD, LEIGH-ON-SEA, ESSEX, SS9 5AQ



**Early bird tickets for
our first ever
firework display, are
only available until
Sunday 11th October
so don't delay in
grabbing your tickets
at a discounted
price!**

*Tickets can be purchased
[HERE](#) or by scanning the QR
code on posters around the
school gates/building.*



We aim to provide a snapshot of online safety advice for parents and carers which we hope you find useful.

Click [here](#) to access the Essex Police online safety website which has some helpful links on how to make the settings on devices secure.



10 Top Tips for Respect Online: INSPIRING CHILDREN TO BUILD A BETTER DIGITAL WORLD

Our ability to communicate with anyone in the world, at any time, via the internet has grown at breakneck speed. For teachers and parents, it can feel impossible to keep up. Worrying about our young people is understandable, and not unjustified: in 2020, for example, one in five 10- to 15-year-olds experienced bullying online. Our tips highlight ways that adults can support young people's positive online behaviours: by adopting and following 'netiquette', we can show them how to avoid getting into difficulty as they learn to negotiate the continually evolving digital landscape.

WHAT IS NETIQUETTE?

Just like etiquette is a set of rules which guides and governs our interactions with others in everyday life, netiquette – etiquette on the net – is the framework which helps inform how we communicate with people online. The rules of engagement often aren't the same as a face-to-face meeting, so it's important that we can accurately 'read' situations in the digital world and know how to act appropriately.

1 ACCEPT DIFFERENT RULES

A lot of our interaction with others is helped by non-verbal signals like body language and facial expressions. Online, of course, many of these clues are missing. Talk to your child about why this makes misunderstandings more likely to occur in the digital world and why keeping in mind that online communication is a very different process can help to prevent difficulties from arising.

2 PRESS 'PAUSE'

It's so easy to do things quickly online that most people (adults included) habitually send or respond to messages without considering the consequences. Pushing 'the pause button' buys a young person some time while they ponder the golden rule: "Would I still say this if the other person was right front of me?" You could practise this with your child on some made-up tricky situations.

3 THE INTERNET IS ADDICTIVE

Apps and sites use sophisticated algorithms and clever marketing to keep us engaged, while notifications to our devices are designed to draw us back in. It's no wonder that people continually return to the digital world, sometimes spending long periods of time there. You and your child could trial turning off notifications on certain apps and instead agree a time to check for updates manually.

4 BEWARE THE DARK SIDE

Getting a hurtful or unhelpful comment on social media or in a group chat can make the recipient feel publicly shamed. That's painful for anyone – but especially for a young person whose status in a group is integral to their sense of identity. Encourage your child to think about the best and safest way to send a message: for example, doing it as a private message rather than a public post.

5 HARMFUL INTERACTIONS

Unfortunately, it's very easy to send a hurtful message or to spread gossip and rumours online. We all know this happens regularly. Not having to deal with actually seeing the other person's distress usually doesn't help people to make a positive decision in the moment. It's important that trusted adults help children to visualise the potential consequences and have empathy for others.

6 APPRECIATE DIFFERENCES

We're all built differently; some people are simply more emotionally sensitive than others. Young people can be particularly affected by negative online communication, such as group shaming. Even a single message (which might seem trivial at face value) can cause deep anguish. Trusted adults should be prepared to be patient and listen to any difficulties their child might have had online.

7 ACCENTUATED ANXIETY

Young people's online lives create a lot of anxiety. Messages go into a 'black hole' until someone responds, there are more reasons to compare ourselves negatively, and social media can make us feel like we're missing out. Encourage activities such as sports and hobbies to balance this out, and remember that merely blocking out thoughts (by gaming, for instance) isn't the same as relaxation.

8 PRO-SOCIAL BEHAVIOUR

A huge positive for the internet is how it helps people to feel connected and makes being kind and helpful easy to spread. When young people get involved in pro-social behaviours online, it creates a positive feedback loop which makes them feel good. Show your child examples of when you've done or said something positive online, and praise and encourage them when they do the same.

9 BE A GOOD ROLE MODEL

One of the best things we can do as trusted adults is to role model positive online behaviour. Just letting your child see that you know when it's time to put your phone away and do something more productive can set a strong example. Some families set aside particular times of the week (such as mealtimes or a family walk) where digital devices aren't allowed and conversation takes precedence.

10 SHOW COMPASSION

Mistakes can feel much bigger online, because they're so public. If a young person does or says something regrettable on the internet, it's important to support them to forgive themselves, learn any lessons and move forward positively. Even as adults, we can often stumble when learning how things work in the fast-moving digital world, so it's important to have compassion for ourselves, too.

Meet Our Expert

Dr Gaele Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communications. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the mediums.

National Online Safety
#WakeUpWednesday



**Tuesday,
20 October 2026.**

From 9:00 to 11:00am

Edwards Hall Primary School

Macmurdo Road, Eastwood, Leigh-on-Sea, SS9 5AQ

If you have a child or young person with Special Educational Needs and Disabilities (SEND) and have any questions or need advice, drop-in and see us.

At this surgery: Specialist Teaching Service, SEND Early Years, EHCP coordinator (school age), SENDIASS, The Lighthouse, NHS Occupational Therapy, CAMHS, Inclusion Team, Educational Psychology Service, School Nursing Team, Southend SEND Independent Forum (SSIF) and the Local Offer team.

For future dates and locations, visit:

www.livewellsouthend.com/SENDSurgeries



There is no need to book a place at our SEND Surgery. Just pop in between 9am and 11am on 20th October.

Dates From the Diary

The full school calendar can be found on our [website](#) for your reference.



Tue 13th October	Year 4 Swimming Lessons (pm)
Thu 15th October	Year 5 Anglo Saxon Showcase for parents (2.30pm) book here
Fri 16th October	Year 1 Picasso Showcase for parents (2.15pm) book here
Tue 20th October	LA SEND Surgery - drop in for parents 9am-11am - Training Rooms
Tue 20th October	Year 4 Swimming at Runnymede (last lesson)
Tue 20th October	EYFS Nursery Rhyme Showcase for parents (2.35-3.05pm) book here
Thu 22nd & Fri 23rd October	Non-Pupil Training Days
Mon 26th - Fri 30th October	Half-term Holiday - school reopens on Monday 2nd November

Lunch Menu



We will be on week **ONE** of our lunch menu next week.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Classic Beefburger/Vegetarian Burger served with Potato Wedges Sweetcorn/Baked Beans <u>Or</u> Jacket Potato topped with either: Tuna Cheese Baked Beans <u>Or</u> Cheese Half Baguette Rocket Ice Lolly or Fresh Fruit	Macaroni Cheese Garlic Bread Peas <u>Or</u> Jacket Potato topped with either: Tuna Cheese Baked Beans <u>Or</u> Ham Half Baguette Homemade Chocolate Sponge with Warm Chocolate Sauce or Fresh Fruit	Chicken or Quorn Goujon Burrito with Rice and Sweet Chilli Sauce (optional) <u>Or</u> Jacket Potato topped with either: Tuna Cheese Baked Beans <u>Or</u> Cheese Half Baguette Jelly with Mandarin Oranges served with Ice Cream or Fresh Fruit	Oven Baked Sausage Roll Vegan Sausage Roll Crispy Potatoes Mixed Peas and Sweetcorn <u>Or</u> Jacket Potato topped with either: Tuna Cheese Baked Beans <u>Or</u> Ham Half Baguette Strawberry Angel Delight with Sprinkles or Fresh Fruit	Fish Fingers Quorn Fish Fingers Chips Peas <u>Or</u> Jacket Potato topped with either: Tuna Cheese Baked Beans <u>Or</u> Cheese Half Baguette Treacle Sponge with Caramel Sauce or Fresh Fruit
AVAILABLE DAILY: Salad Bar and Fresh Bread					

Please remember, payment for school meals (where applicable) should be made in advance via **Arbor**.

The three week menu can be viewed on the [school website](#).

SAVE THE DATE!

Southend SEND Information Day

Mental health and wellbeing focus



27 November 2026
10AM - 2PM



Southend Civic Centre,
Victoria Avenue, SS2 6ER



Scan the QR code for more information
and pre-register now!



www.livewellsouthend.com/SENDInformationDay

